

Obulamu?

- ARVs have to be taken daily for life as advised by the health worker.
- However, taking ARVs has challenges which can be managed with support from trusted friends and health workers.
- Even when on ARVs, you can achieve your future plans.

CALL 0800100055
TOLL FREE FOR MORE INFORMATION.



WHAT'S UP?

ARVs are not easy but I take mine daily.



That's my way of stopping HIV.
WHAT ABOUT YOU?



Obulamu?

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Obulamu?

- Even when HIV positive, you can still be attracted to a boy or girl.
- You can live a normal life and engage in healthy relationships.
- However, you can still get infected with other strains of HIV.
- Therefore, remember to practice positive prevention measures which include abstinence, condom use, SMC, faithfulness and ART adherence.

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WHAT'S UP?

I am strong because I take my ARVS daily.



That's my way of stopping HIV.
WHAT ABOUT YOU?



Obulamu?

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Obulamu?

- Being HIV positive is not the end of the world.
- Modern drugs called ARVs help you stay healthy and look good.
- ARVs don't cure HIV but weaken the virus.
- However, ARVs must be taken daily as advised by the health worker.

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WHAT'S UP?

I look so hot because I take my ARVS daily.



That's my way of stopping HIV.
WHAT ABOUT YOU?



Obulamu?

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Obulamu?

- Being HIV positive is not the end of the world.
- Modern drugs called ARVs help you stay healthy and look good.
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WHAT'S UP?

I told them my HIV status and they are very supportive.



That's my way of stopping HIV.
WHAT ABOUT YOU?



Obulamu?

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Obulamu?

- Sharing your HIV status with a trusted person helps you to get the required support.
- Taking ARVs has challenges. However, it is manageable with support from a trusted person.
- You can live a normal and productive life even with HIV.

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Obulamu?

