

Advantages of taking ARVs as advised by health workers:

- You stay alive and healthy.
- You stay energetic and able to do all your work.
- You are able to plan for the future.
- You can even give birth to HIV negative children.

Dangers of not taking ARVs as advised by health workers:

- You will fall sick often and your body becomes weaker.
- The HIV virus becomes resistant to your type of ARVs.
- You cannot do your work normally.
- You will not have a comfortable life. You might even die!

HOW'S LIFE?



IT'S ABOUT SUPPORTING EACH OTHER.

I always remind my partner to take his ARVs on time.

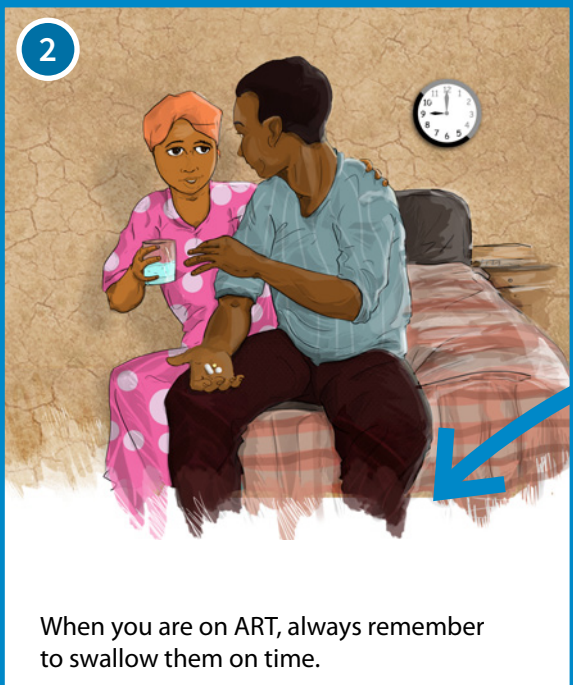
TAKE CHARGE .
TAKE YOUR ARVs EVERYDAY.



Obulamu?

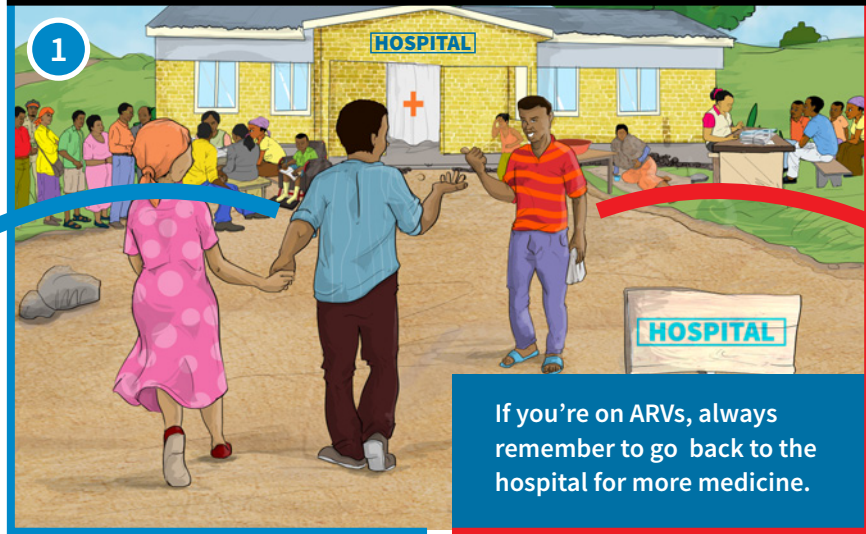
HOW'S LIFE?

2



When you are on ART, always remember to swallow them on time.

1



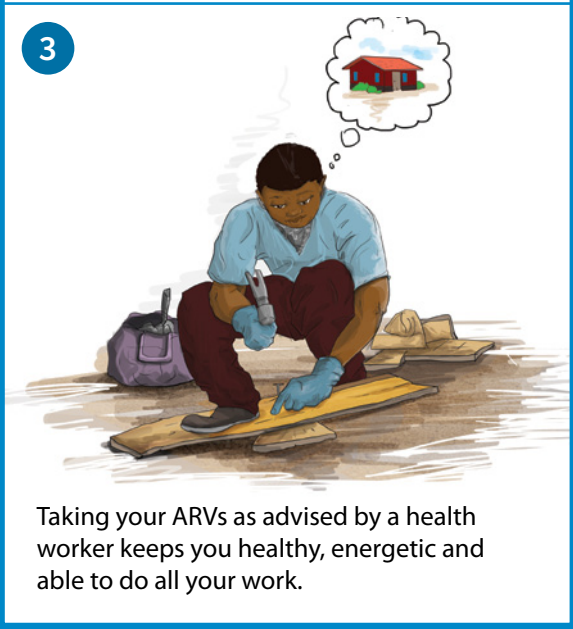
If you're on ARVs, always remember to go back to the hospital for more medicine.

2



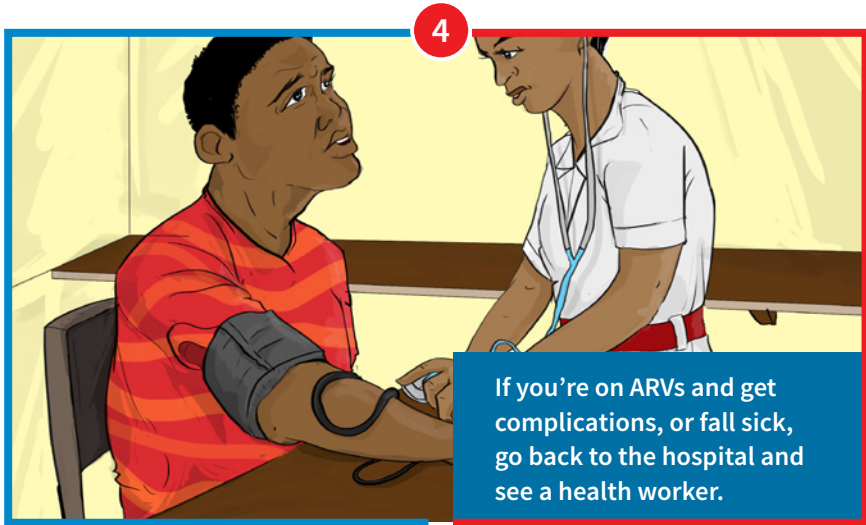
It is dangerous to your health, if you don't take your ARVs as advised by the health worker.

3



Taking your ARVs as advised by a health worker keeps you healthy, energetic and able to do all your work.

4



If you're on ARVs and get complications, or fall sick, go back to the hospital and see a health worker.

3



If you're on ARVs, always take them as advised by the health worker to remain healthy. Don't wait to get ill.

TAKE CHARGE . TAKE YOUR ARVs EVERYDAY.